

Why Preteens/Teenagers Must Know Neuroscience

They also a developmental disease. It starts primarily in adolescents and in childhood. If you look on this screen, you'll notice the red is tobacco. The yellow line is marijuana. The green is alcohol. According to this chart? When are people more susceptible to getting addicted to those substances? From about 13 to 25. I'm going to ask this just out of my own curiosity. Does any of your history go back to ages 13 to 25? Okay. All right. That's important for a lot of reasons. Number one, from a neuroscience perspective, what's happening in this period right here, is you are having a lot more things that are kind of hard wiring or a lot more wiring going on. One of the reasons why insurance companies do not like to insure young males, is because your brain isn't fully functioning until you're about 22-23 as a male. Okay, you still got some stuff going on. Which is why they wrap them around telephone poles. So ,if you think about it number one, things are wiring more but also from the other side of the spectrum. If I am a church, a government, a parent, when do I really want to be focusing time and attention to make sure somebody doesn't get addicted? Right here.