

## **How Pornography Works Differently from Drugs in the Reward System**

So, for drug addicts, they need more drugs to get the same dopamine rush. Not so with porn. Porn you don't do more. Instead, they do something different or more intense. Which is why a lot of people start out looking at things like Victoria's Secret catalog and then they progress to soft porn, then they progress to hard porn, and before they know it, they're looking at maybe even child porn or worse. It's a progression, your brain says "I've already seen that. I need something more intense. More different".